

◆◆◆ GREAT SEMINAR! ◆◆◆ DON'T MISS THIS ONE! ◆◆◆

Salem Rental Housing Association

Presents

Surviving and Thriving in Property Management

2 Real Estate Continuing Education Credit Hours (Provider #1175)



Speaker: Becca Alder

Becca Adler is Founder of Becca Adler LLC and is a professional coach, speaker, and writer, and mother of two daughters.

She helps those working in survival mode thrive and find career fulfillment. She left her career of 20 years to do something she never thought she would do – become an entrepreneur to create more flexibility and freedom in her busy life. She has made it her mission to inspire and empower other individuals to live the life they really want.

Becca Adler is a graduate of Accomplishment Coaching (an ICF Accredited Coach Training Program) and a member of the International Coaching Federation. Prior to starting her own business, she was a marketing professional for 20 years helping small businesses grow and engage their customer bases. She has a Bachelor of Science degree in Marketing and has served as the past-President and current volunteer for the American Marketing Association, Puget Sound since 2007.

February 15, 2022

12:00p.m. to 2:00p.m.

During these challenging times, managing work, clients, family, health, finances, and other demands can feel like we are just “surviving” our lives. Yet there are proven tools to relieve stress that are easily implemented without having to make huge shifts in your life. This workshop will address the challenges and frustrations felt during the pandemic and offer strategies to tackle those pressures to build resilience for the long term.

Key takeaways will include:

Distinguishing what elements contribute to the pressures

- ◆ Gaining an awareness of how everyday pressure impact our work and lives
- ◆ Strategies to interrupt the pressure cycle before it leads to burnout
- ◆ Creating a plan to put your insights into action.

ZOOM SEMINAR

(not an in person seminar)

◆ Member: \$65.00 ◆ Non-Member: \$90.00



Name(s): _____

Company Name: _____

Address: _____ City: _____ Zip: _____

Phone: _____ E-mail: _____

Are you a Salem RHA Member? Yes No



Salem Rental Housing Association ◆ PO BOX 7307 ◆ Salem, OR 97303

REGISTER ONLINE: www.salemrha.com

Full payment must be received 2 days before the seminar! NO Refunds unless cancellation is received 72 hours prior to seminar! More information, (503) 370-4020